



# Clinicians Health Channel Newsletter

## Resource News

The **PBMG** issued a reminder to health care professionals that the antenatal influenza vaccination can prevent serious issues during pregnancy and can provide protection within the first six months of life. PBMG has added the following updates

- A new patient medicine fact sheet levetiracetam has been added.
- A new medicine profile - sacubitril with valsartan has been added to the medicine library.
- The Antiepileptic and Antifungal groups were reviewed and updated.
- 115 medicine profiles have been reviewed and updated, including anti-infective, psychotropic, respiratory and gastrointestinal medicines.

The **Antibiotic Guidelines eTG complete** were recently revised. And will continue to be updated in real time. The guidelines provide practical advice on managing a wide range of infections, from self-limiting infections usually managed in primary care to severe infections requiring treatment in hospital.

**AusDI** has updated the Influenza Virus Vaccine (Systemic) monograph with information on the 2019 quadrivalent influenza virus vaccines which now contain different A and B strains to the 2018 vaccines.

The updated **AIDH** benzathine penicillin monograph now includes a reference table to assist with part dosing. It provides equivalence between the dose as expressed as benzathine penicillin, the tetrahydrate salt or units and the volume of the dose. Click [here](#) to view the update.

**MIMS** recently added new indications and contraindications. Some of the new indications are:

- Fingolimod (Gilenya) is now indicated for the treatment of children  $\geq 10$  years of age
- Fondaparinux sodium is now indicated for the treatment of unstable angina or non-ST segment elevation myocardial infarction
- Nitric oxide (INOMax), in conjunction with ventilatory support and other appropriate agents, is now indicated to selectively decrease pulmonary arterial pressure in adult patients with perioperative pulmonary hypertension in conjunction with heart surgery.

Some of the new contraindications are:

- Articaine HCl and adrenaline (epinephrine) (Septanest) is now contraindicated in phaeochromocytoma, and complete heart block (not compensated by a pacemaker).
- Tolvaptan (Jinarc) is now contraindicated in patients with hypersensitivity to benzazepine derivatives.

**Don't Rush to Crush** on MIMs added and updated some of the monographs: The new monographs are Letemovir, Milnacipran and Neratinib while. Pazopanib and Risperidone have been revised.

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# Buchan Bush Nursing Association

## Facing the challenges to bring healthcare to remote communities

The Buchan Bush Nursing Service (BBNA) has been caring for residents of Buchan since 1911. BBNA provides health services to 400 residents across 23 km encompassing Buchan, Buchan South, Buchan East, Timbarra, Gillingal, Murrindal and Canni Creek.



Bush nurses are adept at operating within extreme conditions such as bushfires, droughts and floods. They are at the forefront of working with ageing communities as young people leave the areas for work opportunities. In addition, they face funding issues whilst serving increasingly complex health needs. Time management is a challenge given the ratios of staffing to service areas. Bush nurses increasingly and by default, provide primary health care services in addition to their clinical roles.



Facilitating a community education session



Community members at a Meals Program

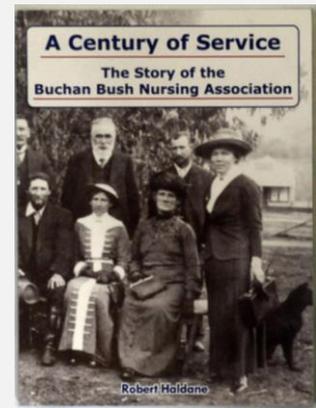
Anne Brewer, BBNA Centre Manager, has worked at Buchan more than 20 years as manager. Anne recently attended a CHC session in which she gathered information on the resources available to nurses in the field. Anne described some of the challenges faced by bush nurses and how staff at the BBNA endeavour to keep pace with technology. Nursing staff rely on technology for client / specialist appointments. Technology opportunities increased over the past 12 months, reducing travel, time and costs for the community. However, the introduction of NBN has negatively affected services.

- Access to information and mobile devices at the point of care is an ongoing issue
- Telecommunications can be problematic and clinicians often use their personal services
- Buchan experiences limited access to specialist services
- Remoteness of the area makes it difficult for clinicians to network. Much time can be spent on travel to patients.
- Buchan relies on Ambulance Victoria for emergency stabilization of patients
- Staff professional development opportunities are available but travel and backfill are often prohibitive. BBNA participates in training Remote Area Nursing, Emergency Care Update Program, National Safety Quality Health Service training and various online offerings.



Medical students visit

## A Century of Service The Story of The Buchan Bush Nursing Association



The BBNA week of celebrations in August 2011 included the launch of a book on the history of bush nursing in Buchan.

## Services & Programmes

**General Practitioner:** the Orbost Medical Clinic provides the Buchan community with a doctor for one day every 3 weeks

**Meals programme:** is held twice a month to facilitate community connectedness and affordable meals at the local pub. This enables the community keep up to date with community events and upcoming services

**Truck rollover:** is just something which the BBNA deals with and this assistance service has experienced positive outcomes

**Medical student visits:** are facilitated twice a year for students to experience first-hand how BBNA maximises efficiencies with minimal resources and limited staffing

**Neatfeet:** monitors and maintains foot health especially for the ageing community

**Women's Clinic:** Bairnsdale Community Health nurses provide a Women's Health Clinic, offering pap smears and information and assistance on a broad range of women's health issues

**Counselling Services:** for family, grief, drug & alcohol issues. These services are available to the community by appointment on an 'as needed' basis and are provided by Gippsland Lakes Community Health, Orbost Regional Health Service and the Royal Flying Doctor Services

**Maternal and Child Health:** Maternal and Child Health nurses visit the area and individual homes as required

**WITHIN Australia:** works with people who suffer mental illness, and their families and carers, to overcome barriers and regain hope

**Monthly newsletter:** an action-packed monthly newsletter communicates community news and a calendar of events for hosted clinics, workshops, immunisations, current health topics, emergency information, health tips and advice



## Citation trails

Found an article of interest? Where available, the new Citation Trails feature lets you see the papers that your article has referenced (Cites). It will also show you more recent papers which in turn have cited your paper of interest (Cited By). This is a great way to find papers related to your paper, both older and more recent. Search [Clinicians Health Channel](#) to try it now.

When you search a term e.g. diabetes, the resulting records indicate Cites/Cited by

Clicking on the Cites/Cited by link, takes you to a page which shows full Cites/Cited by records. You also then have the option to view your full citation path

## Training & Events

Several informative sessions are scheduled for July at Sunshine, Frankston, Kyneston and Hepburn Health. Looking for information relevant to your area of practice? Do you have a reason to attend the CHC free training sessions:

- Need quick answers?
- Have trouble navigating the information pathways on the CHC?
- Not finding the information you need?

Contact your local hospital Education Coordinator, Librarian or Medical Director for more information on how we can help. Watch this space for training news. Contact [Miranda Ebenezzer](#), Medical Librarian, to request training for yourself or your team at your hospital or library or online.

Visit the [KnowledgeHub](#) to view and register for forthcoming classroom and online sessions. View user guides, newsletters and FAQs on the [KnowledgeHub](#).



## Access NDIS Training

The DHHS has partnered with health services to deliver [NDIS eLearning modules](#) and facilitator led training. Implementation of the training will provide clinical mental health services with information and tools necessary to work with the NDIS to improve the experiences, health and wellbeing of participants, their carers and families. Training is free and requires registration on the [NDIS for Mental Health Clinicians](#) website. The Modules are:

- Understanding the NDIS: an introduction to the NDIS, when a person with a mental illness may be eligible and the key role that clinicians play in supporting consumers
- Access Requests: provides information on the role of clinicians in supporting consumers to access the NDIS.
- Preparing for NDIS First Plan Discussions: provides information on the role of clinicians in supporting participants to prepare for their NDIS plan discussion
- Supporting Plan Discussions: provides information on the role of clinicians in supporting participants with their plan discussion.
- NDIS Plan Implementation: provides information on the role of clinicians in supporting participants during plan implementation.
- NDIS Review Processes: provides information on the various types of NDIS plan reviews and under what circumstances they're undertaken.



## Training & Events

Visit the CHC Knowledge Hub to register online for training sessions.

[Click Here to find out more](#)

## Can't find it on the CHC? Ask your Library ...

The CHC provides a list of local contacts, the medical librarians can help you locate information if not available on the CHC and provide research advice.

[View Victorian health library services contacts](#)